

12:30 - 13:30



Remco Kroes | **Coach Personal Body Plan**
Judith Noordzij | **Changing Life**

14:00 - 15:00



Aranka van der Voorden | **#FITGIRLCODE**

15:30 - 16:30



Anne Liebregts | **Get Out Of Your Fatsuit**

16:00 - 18:00



Fajah Lourens | **Killerbody Dieet**
(Signeersessie)

TIMETABLE FITGOEROES

#FITGIRLFAIR 

#TIMETABLE



#FITGIRLFAIR

10.00-10.30

10.30-11.00

10.30-11.30
Mindfulness

11.00-11.30

11.30-12.00

12.00-12.30

12.00-13.00
Power Yoga

12.30-13.00

12.00-13.00
The Bootcamp
Club

13.00-13.30

13.30-14.30
Mindset
training

13.00-14.00
Fit & Healthy

13.30-14.00

14.00-14.30

14.30-15.00

15.00-16.00
Kickfit

15.00-16.00
The Bootcamp
Club

15.00-15.30

15.30-16.00

16.00-16.30

16.30-17.30
#Perfect
Instagram

16.00-17.00
Fit & Healthy

16.30-17.00

17.00-17.30

17.30-18.00

10.00-18.00
Jobe SUP Clinic

10.00-18.00
Decathlon crossfit